

" The Farmers day..... .discovering old traditions"

A whole day in full contact with the Cilento nature, discovering the old traditions, cuisine and recepies.

All this at the Agriturismo "ISCA DELLE DONNE" . Here everything is produced naturally from the bread to the wine , milk cheese pasta and vegetables.....

You will discover old methods of cheese making, jam production, vegetable preservinguseful tips for housewives and cooks.

You will assist to the "Cagliata" cheese production and then finally you will help Vincenzo cook your meal.

Hand made pasta, stuffed vegetables, mixed meat dishes, and the home made cakes.....all this using the products of the farm and recapturing the old traditional recepies of the Cilento Coast.....O SUFFRITTO.....MINESTA CU

FINOCCHIO....CAUZUNGIEDDI CON RICOTTA E BIETOLA.....PANE CUOTTO.....and more.....all to prepare together.....buon Appetito !!!!!

Price per person € 50.00 (lunch included)

Reservation:

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